

MISSOURI LAWYERS' ASSISTANCE PROGRAM

MOLAP

A professional,
confidential Counseling
program designed to help
members of The Missouri
Bar overcome personal
problems that may
interfere with the
member's Law Practice
or Judicial duties.



PROBLEMS MAY INCLUDE:

Substance Abuse

Depression

Stress/Burnout

Marital

Family

Emotional

Aging

Work Related Issues



21-30%
OF LAWYERS EXPERIENCE
DEPRESSION

COMPARED TO
7-10%
OF THE GENERAL POPULATION



**SUBSTANCE ABUSE IS A FACTOR IN OVER
50%
OF ALL MALPRACTICE AND DISCIPLINARY CLAIMS!**



Stages of Alcoholism (Symptoms)

Early: Relief Drinking, Drunk Driving, Blackouts, Pre-drinking Drinking, Increased Tolerance, Preoccupation, Loss of Control

Middle: Denial, Marital, Family, Job, Minimizing, Grandiosity, Alibis, Values/Behavior Split, Self-Esteem, Gulping, Impotency

Late: “Don’t Care”, Brain Damage, Physical: Liver, Heart, Pancreas, Legal Incarceration, Mental Institution.

- It takes 20-25 years of alcoholic drinking to reach the late stage, most alcoholics do not reach this stage.
- While some recover, many die before they reach late stage.
- 3rd Leading Disease Killer in U.S., behind Heart Disease and Cancer.

Symptoms of Addiction in the Office or Court

- Shows up in office or court under the influence
- Rude/inappropriate behavior
- Not returning phone calls
- Late or failure to keep appointments with clients
- Late or absent for court appearances
- Inappropriate anger outbursts
- Office disruption and tension
- Dictatorial
- Mistakes
- Procrastination
- Inattention
- Neglect
- Co-mingling or missing funds
- Intoxicated at Bar or social functions
- Missed deadlines
- Blames secretary or others
- Frequently gets other attorneys to make court appearances

MISSOURI LAWYERS' ASSISTANCE PROGRAM

MOLAP

Professional Services Include:

- ❖ Unlimited access to a licensed counselor 24 hours a day, seven days a week.
- ❖ Coaching
- ❖ Education & prevention designed to improve your quality of life



MISSOURI LAWYERS' ASSISTANCE PROGRAM

MOLAP

❖ Clinical:

❖ Assessment of the presenting problem and preparation of a plan of action to remedy the problem that may include:

- Counseling by a licensed professional therapist
- Referral when appropriate
- Intervention services

❖ Educational, prevention and intervention training for firms



MISSOURI LAWYERS' ASSISTANCE PROGRAM

MOLAP

Access:

- ❖ Voluntary
- ❖ Referral



**FOR
ASSISTANCE
CALL**

MOLAP

1-800-688-7859

**CONFIDENTIALITY
ASSURED**

